



Blue Ridge Mountains  
Scout Reservation

# ADMINISTRATION

## PRESCRIPTION AND OVER-THE COUNTER MEDICATION

The Blue Ridge Mountains Council serves thousands of Scouts and Scouters each year. **The following procedures must be followed** in order to expedite distribution of the medications, ensure proper dosing, and facilitate the medical staff's efforts to ensure all participants are taking their medications as scheduled.

The National Policy of the Boy Scouts of America requires that all medications brought to summer camp be secured in the health lodge and administered under the supervision of council approved medical staff (this includes adults).

### I Prescription Medications

- Emergency Medications**—Emergency medications such as epi pens, inhalers, and nitro should **not** be turned in to the health lodge. However, participants are reminded that some medications such as Epi are temperature sensitive and we happily store extras for you in the health lodge.
- Tablet Form Medications**—Tablet form medications (prescription and over-the-counter meds taken on a regular basis) should be sorted by parents and sealed within a Blister Pac before arriving at camp. The troop will be asked to request blister pacs in the April invoice and the council will mail them out prior to your arrival.
- Other Prescription Medications**—Medications that will not fit in the blister pac should be placed in a Ziploc along with the blister pac. Please remember to fill out the prescription information inside the blister pack for these medications as well as the tablet medications.

*\*Medications will be distributed at each meal by the Health Officer. If you need to take a medication at an unusual time, say 2:00 p.m., just arrange that time with the Health Officer. Though it is the **participant's** responsibility to pick up their medications, the Health Officer will notify leaders of any unclaimed medications at the Leader's Meeting each day.*

### II As Needed Medications

The Camp Health Lodge stocks a wide variety of over the counter medications; therefore, please encourage your participants to leave medications such as Tylenol or cough syrups at home. However, we realize that some participants use medications on an as needed basis such as Claritin, that may not be stocked in our Health Lodge. In this case, please put them in ziplocs with the blister pac.

- Fill out an "As Needed Medication Card" for each medication brought to camp and place all the cards and medications in one ziplock bag.

*\* To obtain these medications at any time, simply stop by the Health Lodge.*

#### Meds Sticker

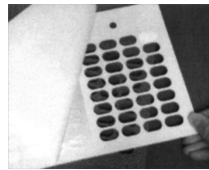
Name: \_\_\_\_\_ Troop: \_\_\_\_\_ Age: \_\_\_\_\_

Camp:    q Powhatan    q Ottari    q Fish Camp    q Claytor Lake  
          q Mountain Man            q High Knoll    q New River  
          q Voyageur    q Brownsea Island    q Foxfire

Address: \_\_\_\_\_

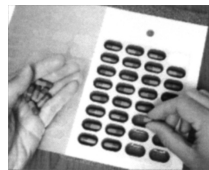
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### Directions on how to put together:



#### PEEL & INSERT

Peel the wax sheet from the back of card. Place the blister sheet into the holes.



#### FILL

Fill each blister with the required medication.



#### FOLD & SEAL

Fold the sealing surface to cover the filled blister. Apply even pressure to seal the medication package. (a hand roller is recommended).



#### FINISHED

It's that easy!



BLUE RIDGE  
MOUNTAINS  
COUNCIL